



Living without hope is like trying to see through fog. PIXpired.com

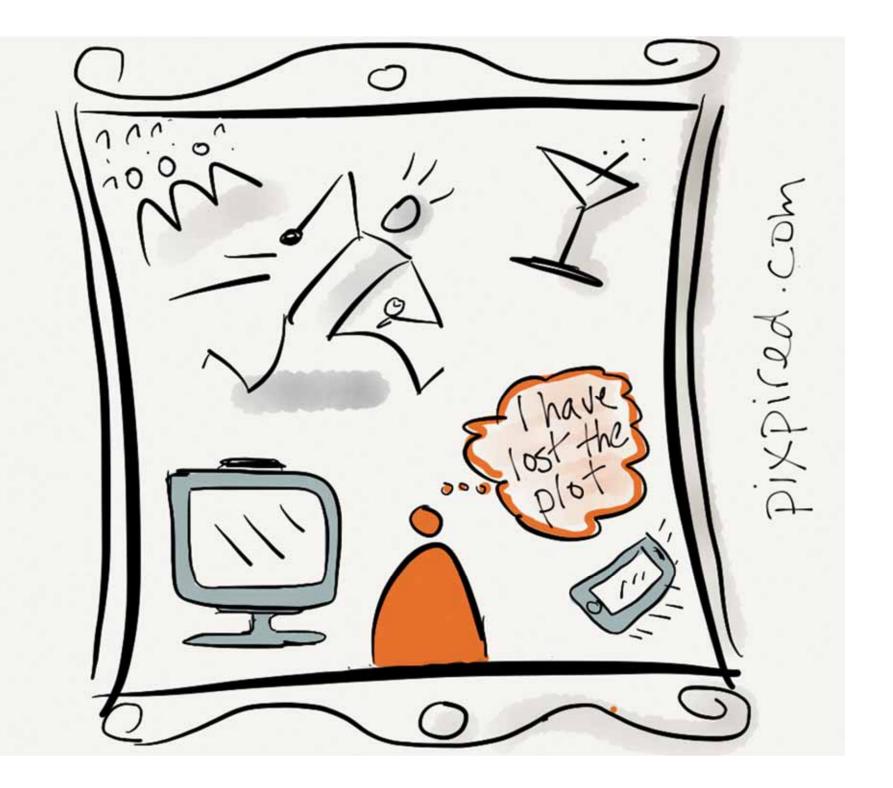




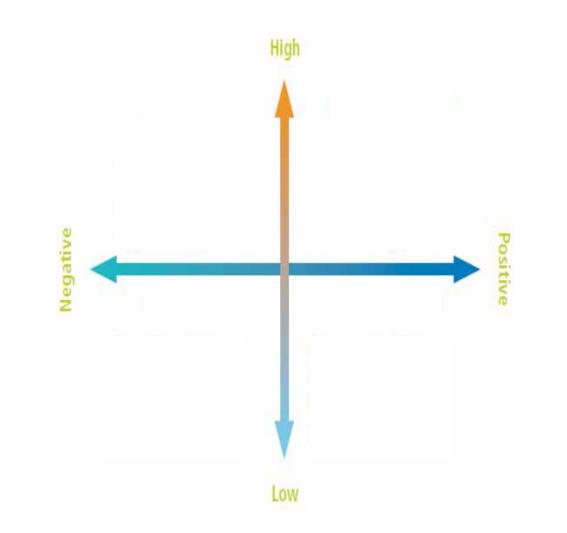
On a biz card or index card

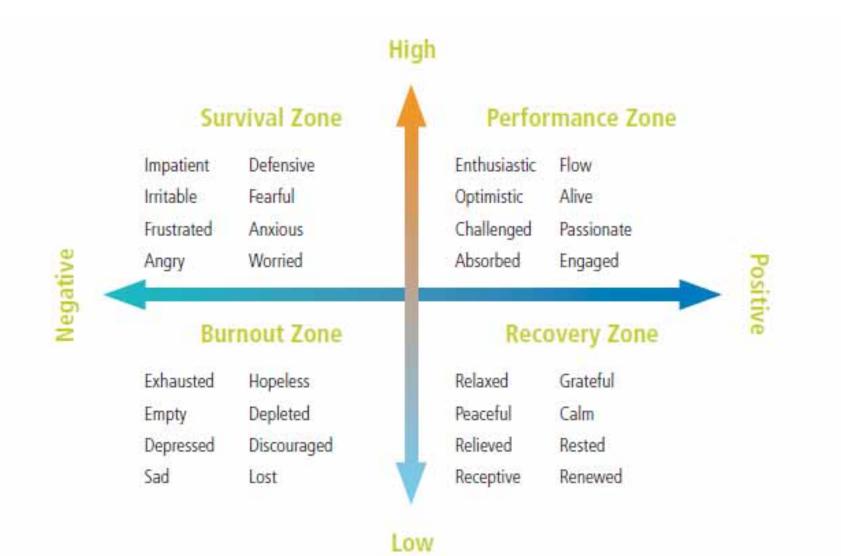
- Write out what you can offer to someone
- Write out what you need help with
- If you are using an index card, write your name and email address on it

Sources, Recovery, Flow ENERGIZING



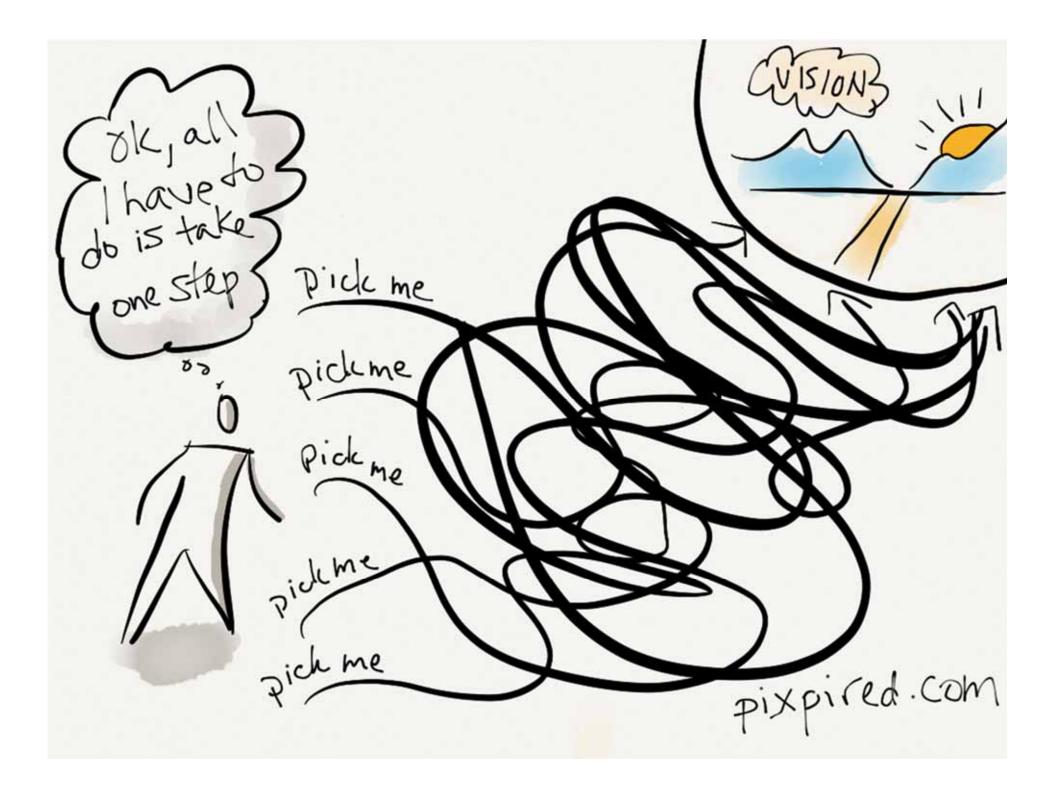
- Impatient
- Irritable
- Discouraged
- Receptive
- Frustrated
- Anxious
- Enthusiastic
- Lost
- Relaxed
- Exhausted
- Depleted
- Passionate
- Grateful
- Calm
- Rested
- Optimistic
- Absorbed





Manage your energy by dancing every day. PIXPIREd. COM









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